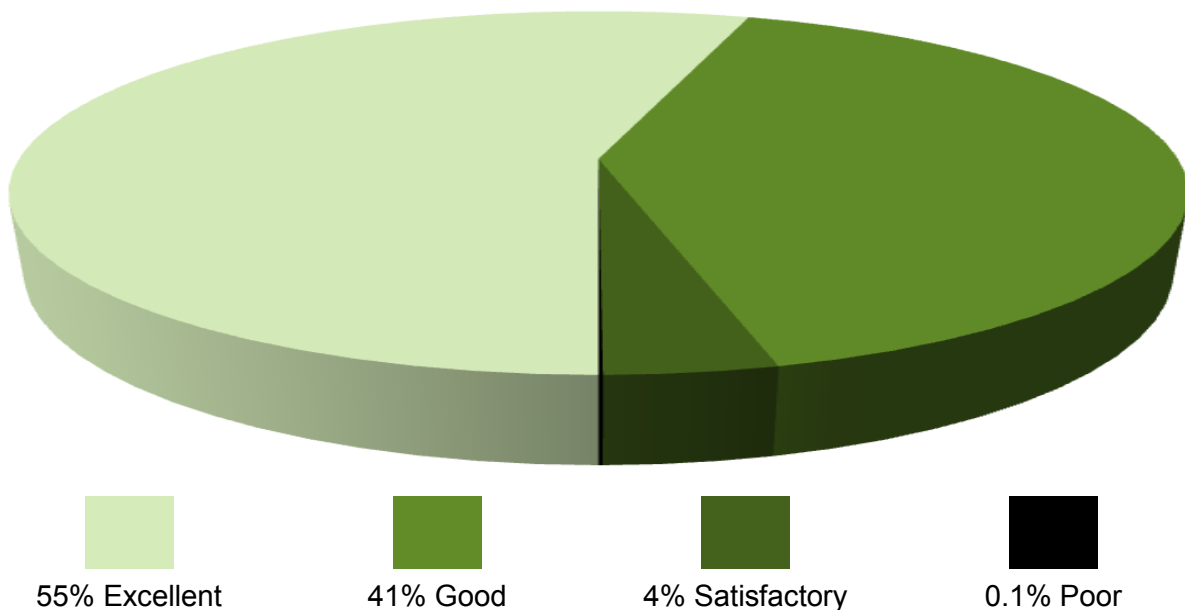


## Omega Caring with Confidence Success

Carers attending 14 distinct facilitated group sessions provided feedback measured against 6 key criteria\*:

- Overall Experience
- Omega Facilitators
- Quality of Discussion
- Information Provided
- Session Activities
- Session Materials

The feedback demonstrated overwhelming carer satisfaction with the overall quality of the Omega sessions, and over 95% rated the sessions 'Good' or 'Excellent':



95% found the sessions useful and  
98% would recommend Omega sessions to others.

\*Omega delivered over 887 places to unpaid carers, former carers and the bereaved, as part of the Department of Health-funded Caring with Confidence support programme between August 2008 and September 2010, 805 individual carer feedback forms were submitted.

## What carers said about Omega facilitated group sessions



To find out more about Omega Caring with Confidence-style group sessions, contact Omega Care for Life:

**Phone** 0845 259 3163 (local rate)  
**Email** [carers@omega.uk.net](mailto:carers@omega.uk.net)  
**Web** [www.omega.uk.net](http://www.omega.uk.net)  
**Mail** Freepost RSGB-CYBY-HSCX  
Omega, London House, Town Walls, Shrewsbury SY1 1TX