Charity Cycle Ride

10:00am Saturday 23rd Feb 2013 **Registration form**

Please read the following disclaimer, then complete and sign the form below:

- I am responsible at all times for any children (under 16) accompanying me
- I am responsible for making sure that my bicycle (and those of any children with me) is roadworthy; minimum requirements - tyres pumped up, working brakes, appropriate size for rider
- I have not been advised against cycling on medical grounds
- It is my own decision whether or not to wear a cycle helmet
- Any photos taken may be used in printed or online publicity for future rides

Print name	Number of accompanying children and their ages	I agree to use of photos yes / no	Signature

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Thank you for supporting:

Omega care for life
Supporting carers, former carers and the bereaved
☎ 0845 259 3163
✉ carers@omega.uk.net
🖱 www.omega.uk.net

In conjunction with:

Urban bikes Uk SHREWSBURY

feel good get going cycle shrewsbury